

Gluten Free Menu

Please inform the staff you are ordering from the gluten free menu to ensure the chefs are aware
(df) equates to dairy free option

Starters

Homemade soup of the day served with a crusty roll	(df)	£4.95
Pan fried garlic mushrooms served with gluten free bread	(df)	£5.95
Homemade duck and Cointreau pate served with spiced fruit chutney and crusty toasted bread		£5.95
Sticky pork belly bites		£6.25
Pork belly bites coated in a honey bbq sauce served with a jalapeno and lime slaw		
Pan fried tiger prawns in chilli, lime and parsley infused olive oil	(df)	£6.95
Fanned melon	(df)	£4.95
Garnished with forest fruits and served with fruit coulis		

Main courses

Lemon, garlic and chive marinated swordfish steak served with parmentier potatoes and a julienne of season vegetables, drizzled with a garlic butter		£15.95
**can be dairy free without the garlic butter		
Slow roasted lamb shoulder		£16.95
Lamb shoulder slow roasted in a rosemary and garlic marinade served with parmentier potatoes, braised red cabbage, fine green beans and a gluten free gravy		
Sweet potato and three bean chilli	(df)	£12.95
Served with coriander rice, guacamole and lime wedges		
Fish of the day please check with the waiting staff for more details		
Chicken breast stuffed with caramelised leeks, blue cheese and wrapped in bacon, served with parmentier potatoes, fine green beans, battered buttered carrots and a balsamic reduction		£15.95

Slow roasted belly pork	£15.95
Served on a bed of mashed potatoes with honey roasted carrots and parsnips, braised red cabbage and a gluten free gravy	

Maple syrup and ginger tofu stir-fry	(df)	£12.95
With a julienne of season vegetables and boiled rice		

Oven baked cod fillet in a black pepper and lemon infused olive oil	£13.95
Served with homemade chunky chips and garden peas	(df)

From the char-grill

Served with your choice of chunky chips, sautéed or new potatoes and Either salad or vegetables unless stated

8oz sirloin steak	(df)	18.95
served with grilled tomato and mushrooms		

8oz Rump steak	(df)	£16.95
served with grilled tomato and mushrooms		

Lamb souvlaki kebabs	(df)	£14.95
Marinated chunks of tender lamb charred to perfection served with sweet potato fries and salad		

14oz gammon steak	(df)	£14.95
served with pineapple, egg, grilled tomato, mushrooms		

Desserts

Chocolate and orange torte served with sorbet	(df)	£5.95
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Gluten free bread and butter pudding with custard	£5.95
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Cheese and gluten free crackers	£6.95
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Baked apple with soya custard	(df)	£5.50
please note this dish must be ordered at the time of your mains due to cooking time		

Homemade fruit crumble with soya custard	(df)	£5.50
please note this dish must be ordered at the time of your mains due to cooking time		

Meringue nests filled with fruit and whipped cream	£4.95
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