

the barns

gluten free menu

Please inform the staff you are ordering from the gluten free menu to ensure the chefs are aware
(df) equates to dairy free option

starters

Homemade soup of the day served with a crusty roll	(df)	£5.95
Pan fried garlic mushrooms served with a crisp side salad	(df)	£6.95
Pan fried tiger prawns in chilli, lime and parsley infused olive oil	(df)	£7.95
Homemade duck and cointreau pate served with red onion chutney and finger toast		£6.50
Fanned melon served with fruit coulis	(df)	£5.95

main courses

Three cheese stuffed chicken breast		£16.95
<small>Chicken breast wrapped in bacon and stuffed with red pepper, basil, cream cheese, mozzarella and parmesan. served with parmentier potatoes, seasonal vegetables and drizzled with balsamic reduction.</small>		
Three bean veggie chilli	(df)	£13.95
<small>Served with rice.</small>		
Slow roasted belly pork	(df)	£16.95
<small>Served with herb roasted new potatoes, seasonal vegetables and a gluten free gravy</small>		
Oven baked cod fillet in a black pepper and lemon infused olive oil	(df)	£15.95
<small>Served with homemade chunky chips and garden peas</small>		
Pan-fried swordfish Steak	(df)	£18.95
<small>Topped with sauteed garlic, capers, tomatoes, black olives and parsley. Served with parmentier potatoes and seasonal vegetables.</small>		
Marinated lamb shank	(df)	£19.95
<small>served with leek mash, seasonal vegetables and gluten free gravy.</small>		
8oz sirloin steak	(df)	£23.95
<small>served with grilled tomato and mushrooms</small>		
14oz gammon steak	(df)	£15.95
<small>served with pineapple, egg, grilled tomato, mushrooms</small>		
Red pepper and chimichurri marinated chicken skewers	(df)	£16.95
<small>Served with sweet potato fries and slaw.</small>		

desserts

Chocolate and raspberry tart	(df)	£6.95
Baked apple with soya custard	(df)	£6.50
<small>please note this dish must be ordered at the time of your mains due to cooking time</small>		
Chocolate truffle brownie	(df)	£6.95
Sticky toffee pudding		£6.95
Apple and cinnamon crumble		£6.95