

the barns

gluten free menu

Please inform the staff you are ordering from the gluten free menu to ensure the chefs are aware (df) equates to dairy free option

starters

Homemade soup of the day served with a crusty roll	(df)	£6.50
Pan fried garlic mushrooms served with a crisp side salad	(df)	£6.95
Pan fried tiger prawns in chilli, lime and parsley infused olive oil	(df)	£8.95
Homemade duck and cointreau pate served with red onion chutney and finger toast		£7.50
Fanned melon served with fruit coulis	(df)	£6.50

main courses

Chicken souvlaki		£16.95
Tender chicken chunks with red pepper and onions marinated in oregano, lemon, paprika and garlic on a skewer and cooked on our chargrill. Served with greek salad, chips and tzatziki.		
Vegetarian chilli	(df)	£14.95
served with rice and chips.		
Slow roasted pork belly	(df)	£18.95
served with parmentier potatoes, seasonal vegetables and gluten free gravy		
Thai salmon kebabs	(df)	£19.95
With stir-fried sugar snap peas, red peppers, spring onions and rice. Served with a sweet chilli and lime dip		
Oven baked cod fillet in a black pepper and lemon infused olive oil	(df)	£15.95
Served with homemade chunky chips and garden peas		
Marinated lamb shank	(df)	£20.95
served with mash, seasonal vegetables and gluten free gravy.		
8oz sirloin steak	(df)	£25.95
served with grilled tomato and mushrooms		
14oz gammon steak	(df)	£16.95
served with pineapple, egg, grilled tomato, mushrooms		

desserts

Chocolate and raspberry tart	(df)	£6.95
Chocolate truffle brownie	(df)	£6.95
Sticky toffee pudding		£6.95
Apple and cinnamon crumble		£6.95